

Paperwork...

- Airline tickets
- Airport parking coupon
- Bank card
- Cash converted to local currency
- Credit card
- Guidebook
- Health insurance cards (local and international)
- Immunization records
- Maps & timetables (trains...)
- Medical directive
- Money belt (to keep valuables safe)
- Passport & visas

Toiletry Bag

- Birth control
- Dental floss
- Deodorant
- Elastics/hair clips
- Eye make-up remover (or use moisturizer)
- Face cloth
- Face wash
- Feminine hygiene items
- Hair brush/comb
- Hair clippers (men's haircut)
- Hand sanitizer
- Kleenex/toilet paper
- Make-up bag
 - Blush
 - Foundation
 - Lip balm
 - Mascara
 - Mirror
 - Powder
- Moisturizer (face and body)
- Nail file/clippers
- Razor with blade(s)
- Mini sewing kit
- Shampoo/conditioner
- Shaving cream (travel size)
- Soap/body wash
- Styptic pencil
- Sunscreen
- Toothbrush/toothpaste
- Tweezers

Extras

- Phone & charger
- Headlamp (for when you don't have power)
- Keys (car and house)
- Ziploc bags
- Glasses/Sunglasses
- Electrical adapter
- Laundry bag
- Laundry soap

Entertainment

- Notebook/journal
- Novels/magazines (include post it notes for bookmarks that don't fall out)
- Glue stick or tape (to add keepsakes to your journal)
- Pens (for customs forms and journal)
- Snorkel stuff & underwater container

Photographic Gear

- Camera
- Batteries and charger
- Memory card(s)
- Tripod
- Lens cloth

First Aid Kit

- Advil
- After Bite
- Allergy pills
- Band-Aids
- Insect repellent
- Motion sickness tablets
- Nasal lubricant (such as Secaris) for use in dry planes... to avoid getting sick
- Prescription(s)
- Vitamins/supplements

List of clothes

Pants 1 _____

Pants 2 _____

Skirt _____

Long Johns/leggings _____

Long shirt 1 _____

Long shirt 2 _____

Long shirt 3 _____

T shirt 1 _____

T shirt 2 _____

T shirt 3 _____

T shirt 4 _____

Tank tops/undershirts _____

Cozy sweater _____

Weatherproof jacket _____

PJs _____

Underwear _____

Socks _____

Bra _____

Swimsuit _____

Scarf/tie _____

Hiking shoes/boots _____

Sandals _____

Sun hat _____

Gloves _____

Hat _____

(Wear or carry on green items)